

**Trainingsplan WSC - Frühjahrsrunde -Thermoplan- & Black & White Arena,**

**Saison 2023/2024**

Mannschaft	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
WSC I		19:30 - 21:00		19:30 - 21:00	
WSC 2	19:30 - 21:00			19:30 - 21:00	
WSC-Sen Ü30			P1/P2 19:30 - 21:00		
Junioren Bb SG WSC / FCK	19:30 - 21:00		19:15 - 20:45		
Junioren Cb SG WSC / FCK		19:00 - 20:30			18:15 - 19:45
Junioren Da		18:00 - 19:30		18:00 - 19:30	
Juniorinnen FF15			18.00 - 19.30		18.00 - 19.30
Junioren Ea	17:30 - 18.45		17:30 - 18.45		
Junioren Eb	17:30 - 18.45			17:30 - 18.45	
Junioren Fa	17:30 - 18.45		17:30 - 18.45		
Junioren Fb / Fc	18:30 - 19.30			18:30 - 19.30	
Junioren G		17.30 - 18.30			
WSC-Sen Ü40					
WSC -Sen Ü50					